

## **CONTACT INFORMATION**

Danah Beaulieu  
Artist  
Expressive Art Therapy Practitioner  
Owner of Art InDeed – Wellness Through Creativity

Art InDeed- Wellness Through Creativity  
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www.art-indeed.com

## **DANAH BEAULIEU - RESUME**

### **EDUCATION:**

- BA Arts, Multicultural Studies, University of Windsor, 2000
- Therapeutic Touch Practitioner, 2004
- Expressive Art Therapy Program  
Post-Graduate Certification, Haliburton School of Arts, Sir Flemming College, 2008

### **WORK EXPERIENCE:**

2005 -2010 Self- Employed – Owner of Art InDeed- Wellness through Creativity:

- Providing holistic arts-based workshops/classes/groups/one-on-one sessions.
- Providing art programs for the purpose of increasing well-being.
- Fostering the development of self-expression, self-worth and self-esteem
- Providing opportunities for social contact and participation,
- Providing opportunities to inspire a sense of purpose, a sense of meaning and improved quality of life.
- Offering a creative way to help develop coping skills, reduce anxiety or fears and articulate repressed feelings.

2005 Teacher: Continuing Education Department, St.Clair College, Windsor, Ontario

2005 Program Designer: Royal Bank of Canada and Canadian Council for Multicultural Documentation and Development, Windsor, Ontario

2004 Program Designer: Developing Cultural Competence, United Way of Windsor and Essex County

2004 Teacher and program development: Kangnam University, Kangnam, South Korea

2003 Host Program Manager: Multicultural Council of Windsor and Essex County

2002-2003 Project Coordinator: Preventing Depression In Young Women, Centre for Addiction and Mental Health, Ottawa, Ontario

2001 Community Developer: Pinecrest Queensway Health and Community Services, Ottawa, Ontario

2001 "Anti-Racism Campaign" Project Coordinator: Multicultural Council of Windsor and Essex County

2000-2001 "Juggling Cultures" Project Coordinator: Windsor Women Working With Immigrant Women

1997 – 2000 Teaching Assistant: St. Clair College and University of Windsor

### **SPEAKING ENGAGEMENTS/FACILITATION:**

2005 – 2010 In the past I have served at: Hospice of Windsor and Essex County, The Teen Health Centre, Maryvale Child and Family Services, House of Sophrosyne Rehabilitation Centre for Women, MS Society, St. Clair College, The City of Windsor, CAW Childcare Centre, The Sandwich Community Health Centre, Sunrise, Regency and Chateau Nursing Homes, The Inn For Girls, Centre for Seniors, The AIDS Committee of Windsor and Essex County, W.E.S.T, The Alzheimer's Society of Windsor and Essex County, The Arts Council Windsor Region, Representational Artists Association, plus over 100 students who partake in private art classes from the community at large. We continue to service most of these organizations. Please see website for more information: [www.art-indeed.com](http://www.art-indeed.com)

- 2009 Keynote Speaker: The Healing Power of Art  
"Embracing Challenges" for Service Providers and Caregivers
- 2007/08 Speaker for Drama Department's Creativity Class – University of Windsor
- 2006 Master of Ceremonies – International Women's Day Event, Centre for Addiction and Mental Health
- 2004/05 Program Development and facilitator – Developing Cultural Competence, Royal Bank
- 2001 Keynote Speaker: VALIDITY Project, Participatory Research and Youth-led Community  
"National Youth Conference: Mental Health Promotion" Ottawa, Ontario
- 2001 Speaker: Youth-led Initiatives "Networking In Mental Health Conference" London, Ontario
- 2001 Speaker: Youth-led Initiatives in a Health Promotion Framework  
Mental Health Promotion Symposium, Toronto, Ontario
- 1999 Dale Carnegie – Awarded Highest Achievement

### **ADDITIONAL COURSES/WORKSHOPS/CONFERENCES COMPLETED:**

- 2010 Healing Loss – Grief Workshop and Retreat Oxley, Ontario
- 2009 "The Backpack and Bridge" A model for building therapeutic relationships with children
- 2009 "The Brake Shop" with Dr. McKinley a program for children with mental health disorders.
- 2008 "Interpreting Children's Drawings", Haliburton School of Arts
- 2008 Developing Therapeutic Relationships with Children - Windsor
- 2008 Anxiety, Depression and Children's Mental Health, Windsor
- 2006 Media Relations Development, Windsor
- 2005 Various Business Courses, St. Clair College, Windsor
- 2005 Working with Survivors of Torture, Windsor
- 2004 "Kids Have Stress Too!" Facilitator Training, Windsor
- 2004 "Finding a Community Strategy, Cancer Prevention Conference", Windsor
- 2003 "Caring for People Across Cultures, Cultural Competence in the Health Sector", Windsor
- 2002 "OCASI Conference" Conference for agencies serving immigrants, Toronto
- 1997 International Conference on Multicultural Communication and National Identity  
Coordinator and Presenter for Youth Round-table discussion, University of Matanzas, Cuba

### **VISUAL ART:**

- Several art courses during adolescence
- Began work in drawing and watercolor in 1991, Windsor, Ontario
- Began exploring work in clay, oil painting and chalk pastel in 1991 Windsor, Ontario
- Completed BA Multicultural Studies, University of Windsor, 2000
- Several courses with Susanne Clark - Artist 2000-2002, Ottawa, Ontario
- Began selling and showing works in 2003 - 2008, Windsor, Ontario
- Launched "Art InDeed- Wellness through Creativity" (Sole proprietorship) Windsor, Ontario, 2005
- Completed Post-Graduate Expressive Art Therapy Program, Haliburton School of Arts, 2008
- Workshop – "Interpreting Children's Drawings" Haliburton School of Arts, 2008

Art InDeed Expansion: See Website: [www.art-indeed.com](http://www.art-indeed.com)  
Expressive Art Therapy Program Maryvale Children's Mental Health Centre

### **SOLO EXHIBITS:**

A Series of Series, Visual Art Exhibit at ARTSPEAK Gallery, Windsor ON 2004

### **COLLABORATIVE EXHIBITION:**

Black and White – Healing Through Art Exhibit, Windsor ON, 2006-2009  
Arts Council Windsor Region – Member showings, Windsor ON, 2003-2007  
A Ribbon Runs Around It, Windsor ON, 2006-2007  
Art in The Woods Art Festival, Windsor ON 2004-2005  
City Street Celebration – Alternative Transportation Art Festival, 2005  
HerStory, Manhattan Arts International, New York City, 2004  
Smogfest, Windsor, Ontario, 2004-2006  
Wise Woman Wisdom, Multimedia Installation, Rochester, New York, 2001  
Wise Woman Wisdom, Multimedia Installation, Windsor, Ontario, 2003  
Mind, Music Festival Windsor, 1999

### **AWARDS:**

Highest Achievement Expressive Art Therapy Program, Haliburton School of Arts, 2009  
Award of Merit for "Spiderwoman" piece in HerStory Competition, Manhattan Arts International, New York 2004  
Dale Carnegie Award of Excellence, 2002  
Modern Languages Department Awarded Scholarship to Attend Conference in Cuba, 2000

### **PUBLICATIONS:**

Sam Roberts Band - CD Art – Digital Booklet, 2009  
The Windsor Star – Various Articles 2007 - 2009  
Windsor Living Magazine, October 2008  
Upfront Magazine, Windsor ON, March 2007  
Centre for Addiction and Mental Health Publication, Toronto ON, March 2005  
HerStory, Manhattan Arts International, New York City, 2004  
Cover Art – *And She Whispers My Name*, Book of Poetry, 2005  
Cover Art - The Fence Magazine, Toronto ON, 2005  
Cover Art – Tranquil Planet Magazine Windsor, ON 2003-2004